



Annual Scientific Meeting Brighton  
AHP Programme  
Thursday 30 January 2025

08:55-09:00 Introduction

Jodie Breach/ Rajesh Kakwani

**Session 1**

Chair: Jodie Breach / Rajesh Kakwani

09:00-09:15 Epidemiology and Pathophysiology of Cavus foot  
09:15-09:30 Clinical examination of Cavus foot  
09:30-09:45 Imaging of Cavus foot  
09:45-10:00 Anatomical aspects of Ankle instability in Pes Cavus  
10:00-10:10 Physiotherapy management of cavus foot  
10:10-10:20 Orthotic management of Cavus foot  
10:20-10:30 Discussion

Maneesh Bhatia  
Graham Chuter  
Shelain Patel  
Miquel Dalmau  
Jayasree Ramaskandhan  
Glen Foley

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10:30-11:00 Coffee (in main exhibition room)

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**Session 2**

Chair: Jo Benfield / Maneesh Bhatia

11:00-11:15 Surgical management of cavus forefoot  
11:15-11:30 Surgical management of cavus hindfoot/midfoot  
11:30-11:50 Lessons learnt managing cavus feet patients  
11:50-12:00 Discussion

Carolyn Chadwick  
Rajesh Kakwani  
Rick Brown

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12:00-13:00 Lunch (in main exhibition room)

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**Session 3**

Chair: Jayasree Ramaskandhan / Graham Chuter

13:00-13:15 MIS surgery in cavus foot management  
13:15-13:30 Chronic ankle instability with subtle cavus foot surgical management  
13:30-13:40 Role of plantar fascia in cavus foot: should we release it?  
13:40-13:50 How can AI help cavus foot management  
13:50-14:00 Post-op rehab following cavus foot surgery

Kartik Hariharan  
Edward Gee  
Peter Briggs  
Togay Koç  
Jo Benfield

14:00-14:30 Complex Case Discussion  
14:30-14:45 Discussion and close

Jodie Breach / Rajesh Kakwani